

ABC South West WA (Bunbury)
Statewide Afternoons - 7/03/2008 2:25 PM
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Hugh Kearns, Head of Staff Development, Flinders University says people procrastinate because there is a sense of achievement in putting something off. Kearns says asking someone out on a date are common examples of procrastination. He says people also procrastinate about having health check ups. Kearns says Peter Costello, MP, Liberal procrastinated for ten years about making a challenge for the leadership of his party against John Howard, Former PM. It is currently International Procrastination Week.

Interviewees: Hugh Kearns, Head of Staff Development, Flinders University

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