

ABC 891 Adelaide (Adelaide)
Mornings - 24/08/2007 - 10:38 AM
Matthew Abraham and David Bevan

Abraham says Hugh Kearns is the head of Flinders University Staff Development and Training Unit. Abraham says they want to discuss the impostor syndrome. Gardiner says impostor syndrome is when you feel you do not belong in a role. Kearns says some people doubt that they deserve to be in the role they are in. He says the more successful people get the worse the condition can become. He and Gardiner list professions and give examples of people who can suffer from the condition. Kearns says sufferers are generally competent. He says the uni has worked with doctors. Callers discuss whether they have impostor syndrome. Caller Dan says he was a boxer in the 1960 Olympics.

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Interviewees: **Hugh Kearns, Flinders University**; Maria Gardiner, clinical psychologist; various callers
Duration: 19:43