

**ABC 891 Adelaide (Adelaide)**  
**Mornings - 07/12/2006 - 10:41 AM**  
**Matthew Abraham & David Bevan**

Bevan says the other day he read an article in Time Magazine about why we worry about the things we shouldn't and ignore the things we should. Abraham jokes that the magazine was in the Port Pirie McDonald's. Kearns and Gardiner talk about why we worry about some things and not others. They talk about how to stop worrying about things. Noonan asks people at the West Beach Caravan Park what they worry about in life. Caller Marg talks about the serenity prayer. Kearns says he worked with a person who had a key interest in global warming and the more he read the more depressed he got. He says he went to hear Tim Flannery speak and said Flannery was also worried about it, but he didn't look depressed.

**Interviewees:** Hugh Kearns, **Flinders University** Staff Devt and Training Unit; Maria Gardiner, **Flinders University** Staff Devt and Training Unit; Tim Noonan, reporter; various callers; vox pop

**Duration:** 16:45

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